

Lactation Educator Counselor (CLEC)

San Luis Obispo, CA

Lactation Educator Counselor Training Program

This program prepares health professionals and other interested individuals to become lactation educators. It furnishes the basic information necessary to promote breastfeeding and to interact in the breastfeeding situation by assisting and encouraging the breastfeeding triad of mother, baby, and support person. Topics include basic anatomy and physiology of lactation, early attachment of the baby, hospital care, support during the postpartum stage, common concerns and solutions, and appliances and apparatuses used in breastfeeding. This 45 hour program meets the prerequisite requirement for our CAAHEP accredited Lactation Consultant training program. At completion of the course students are "Certificated Lactation Educator Counselors."

Special Instructions: Please bring a doll and baby blanket to class. A textbook is required, so please visit www.breastfeeding-education.com for details. Outside homework requirement will consist of 40-60 hours of work.

Lactation Educator available online! New courses start every quarter. Check online for new dates at extension.ucsd.edu or breastfeeding-education.com.



Course Information

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| Dates: | March 6-7-8 & April 25-26, 2019 (5 mtgs) |
| Time: | 8:30 AM – 5:00 PM |
| Location: | <i>*Please see reverse for specific location information</i> |
| Credit: | 4 units in Reproductive Medicine |
| RN/RD: | 45 Hours BRN/ 35 Hours CDR Relicensure Credit |
| Program Instructor: | Gini Baker, RN, MPH, IBCLC, FILCA UC San Diego Extension Lactation Programs |
| Facility Contact: | Leslie Mehigan, BS, MBA, CLEC, (805) 440-1271 |



UC San Diego | EXTENSION

extension.ucsd.edu/lactation-programs
breastfeeding-education.com

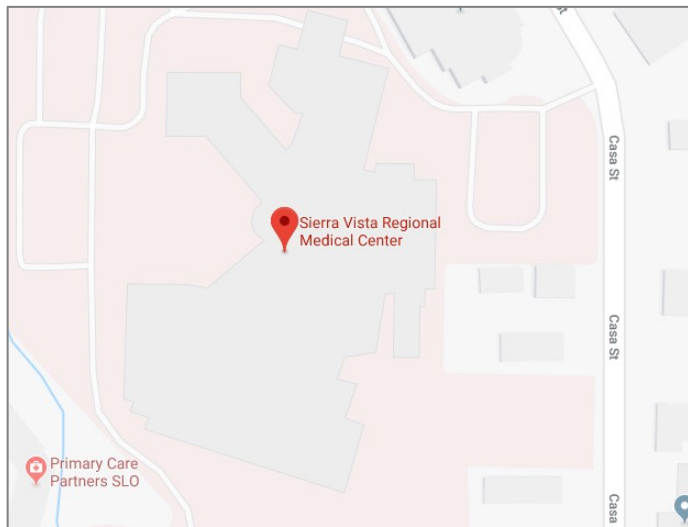
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Meeting Locations:

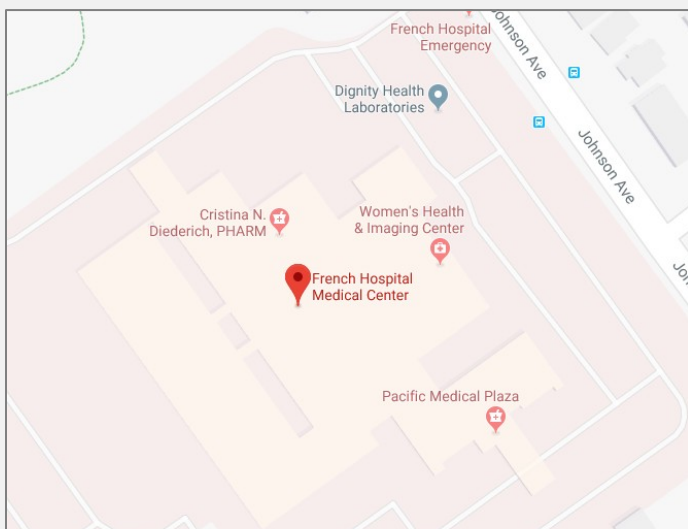
March 6-7-8, 2019:

French Hospital Medical Center
Copeland Education Pavilion Auditorium, 3rd Floor
1911 Johnson Ave.,
San Luis Obispo, CA 93401



April 25-26, 2019:

Sierra Vista Regional Medical Center Auditorium
1010 Murray Ave.,
San Luis Obispo, CA 93405



For enrollment information, please contact Leslie Mehigan

Leslie Mehigan, BS, MBA, CLEC Coordinator,
Central Coast Breastfeeding Coalition
1.805.440.1271
centralcoastbreastfeeding@hotmail.com

