

# Lactation Educator Counselor (CLEC)

San Luis Obispo, CA

## Lactation Educator Counselor Training Program

This program prepares health professionals and other interested individuals to become lactation educators. It furnishes the basic information necessary to promote breastfeeding and to interact in the breastfeeding situation by assisting and encouraging the breastfeeding triad of mother, baby, and support person. Topics include basic anatomy and physiology of lactation, early attachment of the baby, hospital care, support during the postpartum stage, common concerns and solutions, and appliances and apparatuses used in breastfeeding. This 45 hour program meets the prerequisite requirement for our CAAHEP accredited Lactation Consultant training program. At completion of the course students are "Certificated Lactation Educator Counselors."

**Special Instructions:** Please bring a doll and baby blanket to class. A textbook is required, so please visit [www.breastfeeding-education.com](http://www.breastfeeding-education.com) for details. Outside homework requirement will consist of 40-60 hours of work.

**Lactation Educator available online!** New courses start every quarter. Check online for new dates at [extension.ucsd.edu](http://extension.ucsd.edu) or [breastfeeding-education.com](http://breastfeeding-education.com).



## Course Information

<b>Dates:</b>	March 6-7-8 & April 25-26, 2019 (5 mtgs)
<b>Time:</b>	8:30 AM – 5:00 PM
<b>Fee:</b>	\$550
<b>Location:</b>	<i>*Please see reverse for specific location information</i>
<b>Credit:</b>	4 units in Reproductive Medicine
<b>RN/RD:</b>	45 Hours BRN/ 35 Hours CDR Relicensure Credit
<b>Program Instructor:</b>	Gini Baker, RN, MPH, IBCLC, FILCA UC San Diego Extension Lactation Programs
<b>Facility Contact:</b>	Leslie Mehigan, BS, MBA, CLEC, (805) 440-1271



UC San Diego

EXTENSION

[extension.ucsd.edu/lactation-programs](http://extension.ucsd.edu/lactation-programs)  
[breastfeeding-education.com](http://breastfeeding-education.com)

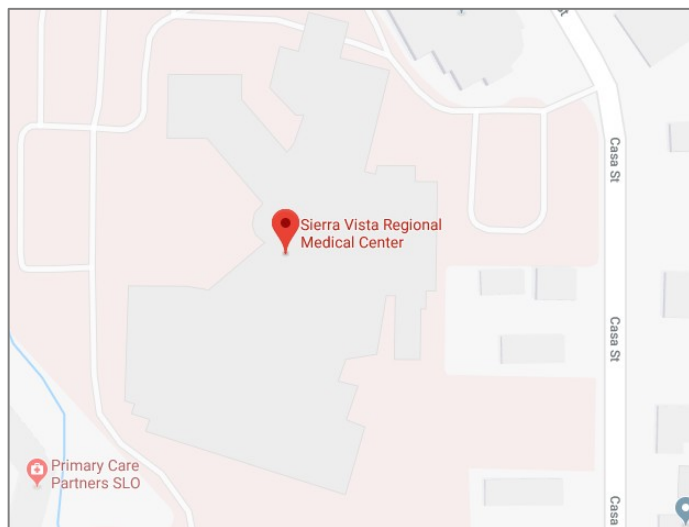
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## Meeting Locations:

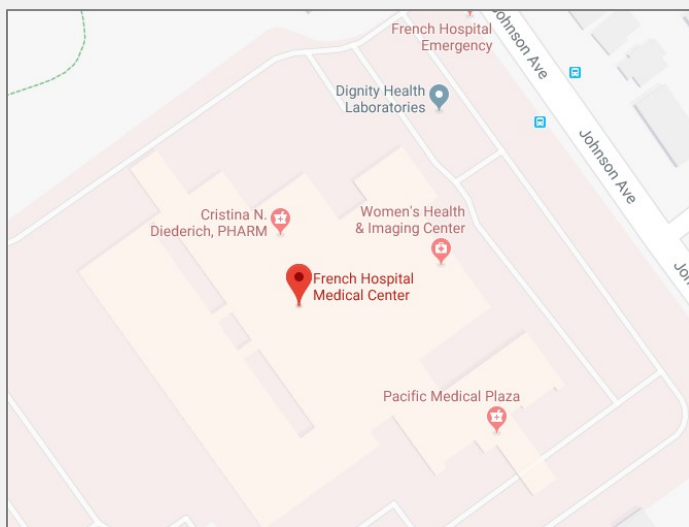
**March 6-7-8, 2019:**

French Hospital Medical Center  
Copeland Education Pavilion Auditorium, 3<sup>rd</sup> Floor  
1911 Johnson Ave., San  
Luis Obispo, CA 93401



**April 25-26, 2019:**

Sierra Vista Regional Medical Center Auditorium  
1010 Murray Ave., San  
Luis Obispo, CA 93405



**For enrollment information, please contact Leslie Mehigan**

Leslie Mehigan, BS, MBA, CLEC Coordinator,  
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