

# Lactation Educator Counselor (CLEC)

South Sacramento, CA

## Lactation Educator Counselor Training Program

This program prepares health professionals and other interested individuals to become lactation educators. It furnishes the basic information necessary to promote breastfeeding and to interact in the breastfeeding situation by assisting and encouraging the breastfeeding triad of mother, baby, and support person. Topics include basic anatomy and physiology of lactation, early attachment of the baby, hospital care, support during the postpartum stage, common concerns and solutions, and appliances and apparatuses used in breastfeeding. The Lactation Educator and the Lactation Educator Counselor are the same course. This 45 hour program meets the prerequisite requirement for our CAAHEP accredited Lactation Consultant training program. At completion of the course students are "Certificated Lactation Educator Counselors."

**Special Instructions:** Please bring a doll and baby blanket to class. A textbook is required, so please visit [www.breastfeeding-education.com](http://www.breastfeeding-education.com) for details. Outside homework requirement will consist of 40-60 hours of work. For more information, call (858) 246-2312 or visit [extension.ucsd.edu/lactation-programs](http://extension.ucsd.edu/lactation-programs).

**Lactation Educator available online!** New courses start every quarter. Check online for new dates at [extension.ucsd.edu](http://extension.ucsd.edu) or [breastfeeding-education.com](http://breastfeeding-education.com).



## Course Information

<b>Dates:</b>	Sept. 10-11-12 & Nov. 5-6, 2019 (5 mtgs)
<b>Time:</b>	8:30 AM – 5:00 PM
<b>Fee:</b>	\$695.00
<b>Section ID:</b>	136195
<b>Location:</b>	Kaiser Permanente South Sacramento Medical Sacramento, CA 95823 <i>*Room location TBA</i>
<b>Credit:</b>	4 units in Reproductive Medicine
<b>RN/RD:</b>	45 Hours BRN/ 35 Hours CDRRelicensure Credit
<b>Program Instructor:</b>	<b>Ann-Marie Christian, BS, IBCLC</b>
<b>Program Director:</b>	Gini Baker, RN, MPH, IBCLC, FILCA UC San Diego Extension Lactation Programs

**For onsite facility questions, please contact:**  
Caroline Steele, MS, RD, CSP, IBCLC, FAND  
714-509-3023, [csteele@choc.org](mailto:csteele@choc.org)



UC San Diego

EXTENSION

[extension.ucsd.edu/lactation-programs](http://extension.ucsd.edu/lactation-programs)  
[breastfeeding-education.com](http://breastfeeding-education.com)

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## Meeting Location

**Kaiser Permanente South Sacramento Medical Center**  
6600 Bruceville Rd  
Sacramento, CA 95823

Room location TBA

### TO ENROLL:

On the web: [extension.ucsd.edu](http://extension.ucsd.edu)

By Phone: (858) 534-3400

By Email: [unex-reg@ucsd.edu](mailto:unex-reg@ucsd.edu)

### FOR MORE INFORMATION

Email: [ucsdlactation@ucsd.edu](mailto:ucsdlactation@ucsd.edu)

Call: (858) 246-2312



## Enrollment form

Mail from to: UCSD Extension Dept. 0176H, 9500 Gilman Drive, LA Jolla, CA 92093-0170

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

Evening Phone: \_\_\_\_\_

Lactation Educator Counselor UC San Diego BRN Provider Number 00058

Fee: \$695.00

Section No. 136195FA19)

Please make checks payable to "UC Regents" or charge  VISA  MASTERCARD  DISCOVER

Credit Card No: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Authorization Signature: \_\_\_\_\_