

# Lactation Educator Counselor (CLEC)

Breastfeeding Coalition of Ventura County - Oxnard, CA

## Lactation Educator Counselor Training Program

This program prepares health professionals and other interested individuals to become lactation educators. It furnishes the basic information necessary to promote breastfeeding and to interact in the breastfeeding situation by assisting and encouraging the breastfeeding triad of mother, baby, and support person. Topics include basic anatomy and physiology of lactation, early attachment of the baby, hospital care, support during the postpartum stage, common concerns and solutions, and appliances and apparatuses used in breastfeeding. The Lactation Educator and the Lactation Educator Counselor are the same course. This 45 hour program meets the prerequisite requirement for our CAAHEP accredited Lactation Consultant training program. At completion of the course students are "Certificated Lactation Educator Counselors."

**Special Instructions:** Please bring a doll and baby blanket to class. A textbook is required, so please visit [www.breastfeeding-education.com](http://www.breastfeeding-education.com) for details. Outside homework requirement will consist of 40-60 hours of work.

For more information, email [ucsd lactation@ucsd.edu](mailto:ucsd lactation@ucsd.edu) or visit [extension.ucsd.edu/lactation-programs](http://extension.ucsd.edu/lactation-programs).

**Lactation Educator available online!** New courses start every quarter. Check online for new dates at [extension.ucsd.edu](http://extension.ucsd.edu) or [breastfeeding-education.com](http://breastfeeding-education.com).



## Course Information

<b>Dates:</b>	Oct. 2-3-4 & Dec. 5-6, 2019 (5 mtgs)
<b>Time:</b>	8:30 AM – 5:00 PM
<b>Credit:</b>	4 units in Reproductive Medicine
<b>Location:</b>	Ventura County Public Health Building 2240 E. Gonzales Rd., Suite 200 Oxnard, CA 93036 <i>Conference Room</i>
<b>RN/RD:</b>	45 Hours BRN/ 35 Hours CDR Relicensure Credit
<b>Program Instructor:</b>	TBA
<b>Program Director:</b>	Gini Baker, RN, MPH, IBCLC, FILCA

**For enrollment information, please contact:**  
Heather Camarena, RN, IBCLC  
(805) 665-3604 /  
[Contact@breastfeedventura.org](mailto:Contact@breastfeedventura.org)



**BREASTFEEDING**  
Coalition of Ventura County



UC San Diego

EXTENSION

[extension.ucsd.edu/lactation-programs](http://extension.ucsd.edu/lactation-programs)  
[breastfeeding-education.com](http://breastfeeding-education.com)

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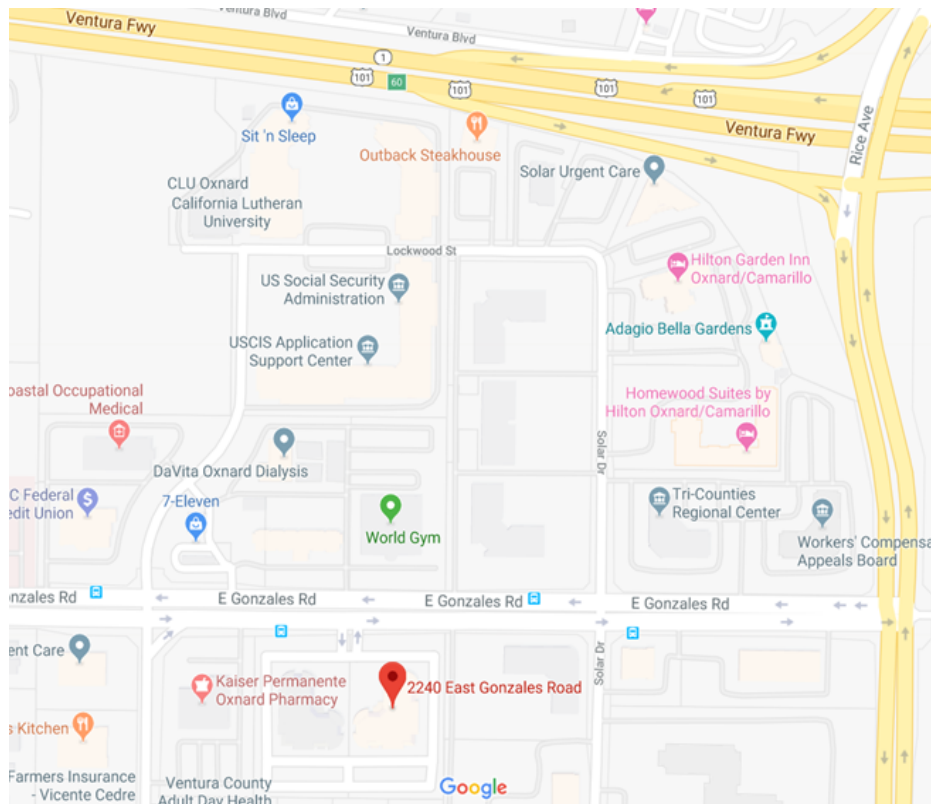
## Meeting Location

**Ventura County Public Health  
Building 2240**  
E. Gonzales Rd., Ste. 200  
Oxnard, CA 93036  
(Conference Room)

## Meeting dates

Wednesday **October 2**  
Thursday **October 2**  
Friday **October 2**

Thursday **December 5**  
Friday **December 6**



**BREASTFEEDING**  
Coalition of Ventura County

**For enrollment information, please contact Heather Camarena**

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